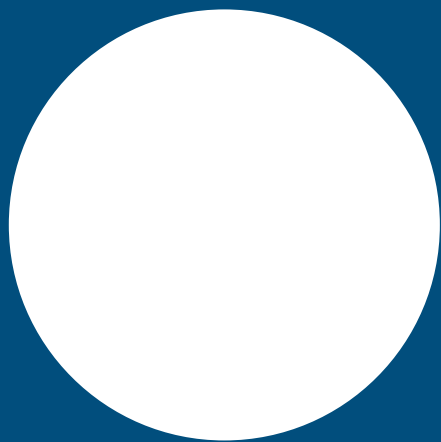


MY TRACKING:

This is a handy reference tool that makes your life easier by keeping medical and treatment-related information, test results, and appointments organized and up-to-date.

Complete each piece as the information becomes available — or ask your doctor to help you fill it in.



My medical history:

My current health issues or chronic conditions:

- Asthma
 - Chronic obstructive pulmonary disease (COPD)
 - Arthritis
 - Depression
 - Diabetes
 - Heart disease
 - High blood pressure
 - Kidney disease
 - Liver disease
 - Other bowel disease
 - Migraines
 - Seizures
 - Stroke
 - Disease of the arteries
 - Previous cancer
 - Previous surgery
 - Other
-

My allergies:

List of drug, food and other existing allergies, and how I react (i.e. hives, fever, swelling, shortness of breath, etc.):

ALLERGY i.e. Penicillin	REACTION i.e. hives

My diagnosis:

My test results:

.....

Date of diagnosis:

.....

My diagnosis:

.....

.....

.....

.....

T (tumour size):

.....

N (lymph node involvement):

.....

M (metastasis):

.....

Stage:.....

.....

.....

The part of the colon my cancer is located:



January - March

Year:

Dates

Appointments

Notes

January

February

March

April - June

Year:

Dates

Appointments

Notes

April

May

June



July - September

Year:

Dates

Appointments

Notes

July

August

September

October - December

Year:

Dates

Appointments

Notes

October

November

December



January - March

Year:

Dates

Appointments

Notes

January

February

March

April - June

Year:

Dates

Appointments

Notes

April

May

June



July - September

Year:

Dates

Appointments

Notes

July

August

September

October - December

Year:

Dates

Appointments

Notes

October

November

December

